



Tumbling Fun!

Preschool Acro (Ages 3-5)

No prior experience is required for this beginner tumbling class. In Preschool Acro, your child will learn and practice large motor skills, balance work, and grow through their personal strength and flexibility, all while having a blast rolling and playing on our gymnastics equipment! Please wear comfortable clothing and come barefoot. Hair must be pulled back and out of the gymnast's face.

Thursdays @3:40-4:20pm

Session 1 (\$116) October 3 - December 19

- No class on 10/31 & 11/28

Session 2 (\$116) January 9 - March 13

Session 3 (\$70) March 27 - May 1

Gymnastics Stars (Ages 5-7)

In Gymnastics Stars, your child will continue to practice and improve their large motor skills, balance, flexibility and strength. They will also begin working on additional skills that will allow growth in their self-confidence and positive social-interactions. Gymnasts will continue to work in the areas of floor, bar, beam and beginning vault preparations. Please wear form fitted clothing and come barefoot. Hair must be pulled back and out of the gymnast's face.

Thursdays @4:20-5:00pm

Session 1 (\$116) October 3 - December 19

- No class on 10/31 & 11/28

Session 2 (\$116) January 9 - March 13

Session 3 (\$70) March 27 - May 1

