



# Class Descriptions

## **Pre-Twinklers**

**Buddy & Me Session Class**

**18 Months - 3 Years Old      30 Minute Class**

This class is designed to nurture creativity and help beginners adjust to a classroom environment. Dancers will work on developing their gross motor skills, social skills, and the ability to follow instructions physically. An adult must accompany each student. Parents or guardians are expected to actively participate in class to motivate their young dancers to join in. The movements are simple, making it easy for even grandparents to get involved!

## **Tumbling**

**Session Class**

**3 - 7 Years Old      40 Minute Class**

We offer class options for beginners and experienced tumblers! Beginners will learn and practice large motor skills, balance work, and grow through their personal strength and flexibility, all while having a blast rolling and playing on our gymnastics equipment! Experienced tumblers will continue to practice and improve their large motor skills, balance, flexibility and strength at floor, bar, beam and beginning vault preparations.

## **Twinklers Tap/Ballet**

**Regular Season (September – May)**

**Ages 3 - 6      45 Minute Class**

This fun and creative class will introduce students into the world of dance. With emphasis on beginning ballet and tap skills, students will learn through imagination, musical games, and props to begin a love for dance. Students will be taught to dance creatively as well as technically. Twinklers will perform two dances at the recital. One costume is required.

## **Starlettes Tap/Jazz**

**Regular Season (September – May)**

**1<sup>st</sup> Grade +      50 Minute Class**

Students will increase their musical awareness, start memorizing routines, and develop their self esteem through the art of dance. Starlettes will perform two dances at the recital. One costume required.

## **Hip Hop**

**Regular Season (September – May)**

**1<sup>st</sup> Grade +      40 Minute Class**

This is a fun and active class that focuses on age appropriate hip hop dancing and music that your kids will love. They will not only learn high-energy hip hop choreography, but basic dance technique as well. Hip Hop dancers will perform one dance at the recital. One costume required.

## **Ballet/Lyrical**

**Regular Season (September – May)**

**1<sup>st</sup> Grade +      40 Minute Class**

Combining the grace of ballet and the intensity of jazz, our Ballet/Lyrical students will increase their musical awareness, start memorizing routines, and develop their self-esteem through the art of dance. Ballet/Lyrical dancers will perform one dance at the recital. One costume required.

## **Pom**

**Regular Season (September – May)**

**1<sup>st</sup> Grade +      40 Minute Class**

Now is your chance to dance just like the high school dance teams! Dancers will learn pom technique and correct arm positions while dancing with poms. This high-energy class is so much fun! Pom dancers will perform one dance at the recital. One costume required.

## **Pre-Competition**

**Regular Season (September – May)**

**5<sup>th</sup> Grade +**

No audition necessary. We're offering 4 different style pre-competition classes: tap, hip hop, pom, and lyrical. Pre-Competition Dancers will practice once a week and will attend dress rehearsal in February, one competition in April or May, and our end of season recital in May.

## **Infinity Elite Dance Team**

**6<sup>th</sup> - 8<sup>th</sup> Grade**

Email [stelladancestudio@gmail.com](mailto:stelladancestudio@gmail.com) for more information.

## **Company Constellations**

**5 Years Old +**

Email [stelladancestudio@gmail.com](mailto:stelladancestudio@gmail.com) for more information.

Each class needs at least 4 people enrolled in order to run.  
Regular season class ages are as of September 1<sup>st</sup>.