



# 2025-2026 Tumbling Fun!

## Preschool Acro (Ages 3-5)

No prior experience is needed for this beginner tumbling class! Preschool Acro introduces children to basic large motor skills, balance work, strength, and flexibility in an age-appropriate and engaging way. Dancers will roll, stretch, and play using our gymnastics equipment while building coordination and confidence. Please wear comfortable clothing and come barefoot. Hair should be pulled back and out of the face. This class is especially recommended for dancers currently enrolled in Twinklers 1 and Twinklers 2.

**Wednesdays @4:40-5:15pm**

Fall Session (\$105) October 1 - November 19

Winter Session (\$105) January 14 - March 4

Spring Session (\$80) April 8 - May 13

## Gymnastics Stars (K-2nd grade)

In Gymnastics Stars, children continue developing their large motor skills, balance, flexibility, and strength while building confidence and positive social skills. Students will also begin learning new skills to further their progress on floor, bar, beam, and introductory vault work. Classes are active and engaging, designed to challenge while keeping gymnastics fun! Please wear form-fitted clothing and come barefoot. Hair should be pulled back and out of the gymnast's face. Recommended for dancers currently enrolled in Twinklers 3, Tap/Jazz 1, Ballet/Lyrical A, Pom A, or Hip Hop A.

**Thursdays @5:00-5:35pm**

Fall Session (\$105) October 2 - November 20

Winter Session (\$105) January 15 - March 5

Spring Session (\$80) April 9 - May 14

