# **TUMBLING AT STELLA!**

#### We now offer 2 levels of gymnastics classes!

#### Preschool Acro: ages 3-5

- Mondays 3-3:40pm
- \$160 per session

### Gymnastics Stars: ages 5-7

- Mondays 3:40-4:20pm
- \$160 per session

Session 1 (2023) includes 14 classes. This session will start Monday 9/11 with the last class on 12/18. No class on 11/20. Session 2 (2024) includes 14 classes. This session will start Monday 1/8 with the last class on 4/15. No class on 3/11 & 3/25.

## PRESCHOOL ACRO

This beginner tumbling class is for gymnasts ages 3-5. No prior experience is required for this class. In Preschool Acro, your child will learn and practice large motor skills, balance work, and grow through their personal strength and flexibility, all while having a blast rolling and playing on our gymnastics equipment! Please wear comfortable clothing and come barefoot. Hair must be pulled back and out of the gymnast's face.

## **GYMNASTICS STARS**

Our Gymnastics Stars is for gymnasts ages 5-7 (approval required from our instructor). In Gymnastics Stars, your child will continue to practice and improve their large motor skills, balance, flexibility and strength. They will also begin working on additional skills that will allow growth in their self-confidence and positive socialinteractions. Gymnasts will continue to work in the areas of floor, bar, beam and beginning vault preparations. Please wear form fitted clothing and come barefoot. Hair must be pulled back and out of the gymnast's face.





Classes are taught by qualified dance instructors in a family friendly environment at Stella Dance Studio. 720 Saint Croix Street, Suite 118 Prescott, WI 54021 Register online at stelladancestudio.com. Click on "register", log in or create an account. When prompted to enroll your student in a class, enroll them in the "Tumbling 2023" and/or "Tumbling 2024" season.

You can also register at the studio or email Stephanie at stelladancestaff@gmail.com.